

Exam Preparation Guidelines

Arthrogram:

No Prep

Barium Swallow, Modified Barium Swallow:

No Prep

Barium enema (BE), Air Contrast Barium Enema (ACBE):

Adult

- ◆ Nothing to eat or drink after midnight
- ◆ Fleet prep kit 18-hour protocol

Child

- 0-3** ◆ Nothing to eat or drink 3 hours prior to exam
◆ No solid food on day of exam

- 4-6** ◆ Nothing to eat or drink 3 hours prior to exam
◆ No solid food on day of exam
◆ 1/2 Dulcolax suppository 3 hours prior to exam
◆ If results are poor, give a pediatric Fleets enema

- 7-12** ◆ 5 oz. magnesium citrate (cold) afternoon prior to exam
◆ In early evening prior to exam, give 1 Dulcolax suppository.
◆ Nothing to eat or drink after midnight
◆ 2-3 hours prior to exam, give another Dulcolax suppository.
◆ If results are poor, give a pediatric Fleet enema.

- 13+** ◆ If patient is 13 years and over 100 pounds, use Fleet prep kit 18-hour protocol.

0-17 year NO PREP is given for suspected Hirshsprung's Disease

Precautions and Suggestions:

- 1 In cases of suspected toxic megacolon- NO PREP needed.
- 2 In cases of acute ulcerative colitis, THE PREP SHOULD NOT BE DONE. You should have only a clear liquid diet prior to the examination.
- 3 If you have had a colonic biopsy, the barium enema should be postponed for ten days.
- 4 Referring physicians who wish to modify the bowel prep may order their own bowel preps for the individual and circumstances.

Fistulogram:

No Prep

Hysterosalpingogram:

Should be performed 7-10 days after first day of last menstrual period. NO unprotected sex since first day of last menstrual period. A pregnancy test may done prior to the procedure.

Intravenous Pyelogram (IVP): CAN HAVE LIQUID UP UNTIL EXAM TIME

Adult

- ◆ Nothing to eat after midnight
- ◆ Fleet prep kit 18- hour protocol
- ◆ If you have an allergy to iodine contact your ordering physician. Pre-medication will be required.
- ◆ If you are diabetic, have renal disease or are over 60 years of age, you will have to have BUN/Creatinine lab work prior to having an IVP.

Child

0-3 ◆ Nothing to eat 3 hours prior to exam

- 4-6** ◆ Full liquid diet day prior to exam
- ◆ 1/2 Dulcolax tablet at 6:00 pm day prior to exam
 - ◆ Nothing to eat 3 hours prior to exam

- 7-12** ◆ Full liquid diet day prior to exam
- ◆ 1 Dulcolax tablet at 6:00 pm prior to exam
 - ◆ 1 Dulcolax tablet suppository 3 hours prior to exam

13 + ◆ If patient is 13 years or over 100 pounds, use Fleet prep kit 18-hour protocol.

Lumbar Puncture:

- ◆ Consent form must be signed.
- ◆ Inform your technologist if you have a brain tumor and if you have had a recent MRI or CT scan of your brain.

Myelogram:

- ◆ Nothing to eat or drink after midnight
- ◆ May have liquid up to 2 hours prior to exam
- ◆ Consent form must be signed.
- ◆ Inform your technologist of all the medications that you are currently taking.

Sialogram:

No Prep

Small Bowel Series (SBS), Small Bowel Follow Through (SBFT):

Adult

- ◆ Nothing to eat or drink after midnight

Child

- 0-1** ◆ Nothing to eat or drink 3-4 hours prior to exam or withhold last feeding
- 1 +** ◆ Nothing to eat or drink after midnight

T-Tube Cholangiogram:

- ◆ May require nothing to eat or drink after midnight.

Upper GI series (UGI):

Adult

- ◆ Nothing to eat or drink after midnight

Child

- 0-1** ◆ Nothing to eat or drink 3-4 hour prior to exam and/or withhold last feeding
- 1 +** ◆ Nothing to eat or drink after midnight

Voiding Cysto Urethrogram (VCU):

- ◆ This procedure requires radiology nurse to place a Foley catheter at the beginning of the exam.