

Ultrasound Exam Preparations

How you prepare for your exam depends on which area of your body is being evaluated:

Abdomen

- Nothing by mouth for 8 hours prior to your exam. Nothing by mouth after midnight for a morning examination. This includes NO gum or coffee. If you must take medication, please bring it with you or take your medications with the smallest amount of water possible.

Aorta

- Nothing by mouth for 8 hours prior to your exam. Nothing by mouth after midnight for a morning examination. This includes NO gum or coffee. If you must take medication, please bring it with you or take your medications with the smallest amount of water possible.

Arterial

- NO PREP

Bladder

- Drink approximately 36 ounces of water (5 large glasses) 1 to 1 1/2 hours prior to your exam. Do not urinate before the exam to ensure that your bladder is full for the sonographer to evaluate.

Carotid Doppler

- Please do not wear a necklace or turtleneck.

Gallbladder or Gallbladder with CCK

- Nothing by mouth for 8 hours prior to your exam. Nothing by mouth after midnight for a morning examination. This includes NO gum or coffee. If you must take medication, please bring it with you or take your medications with the smallest amount of water possible.

OB

- Drink approximately 36 ounces of water (5 large glasses) 1 to 1 1/2 hours prior to your exam. Do not urinate before the exam to ensure that your bladder is full for the sonographer to evaluate.

Pelvic

- Drink approximately 36 ounces of water (5 large glasses) 1 to 1 1/2 hours prior to your exam. Do not urinate before the exam to ensure that your bladder is full for the sonographer to evaluate.

Renal

- NO PREP

Renal Arterial Doppler

- Nothing by mouth for 8 hours prior to your exam. Nothing by mouth after midnight for a morning examination. This includes NO gum or coffee. If you must take medication, please bring it with you or take your medications with the smallest amount of water possible.

RUQ

- Nothing by mouth for 8 hours prior to your exam. Nothing by mouth after midnight for a morning examination. This includes NO gum or coffee. If you must take medication, please bring it with you or take your medications with the smallest amount of water possible.

Scrotal

- NO PREP

Thyroid

- Please do not wear a necklace or turtleneck.

Venous

- Please wear loose-fitting pants or shorts.