

S. Bradley Hicks, MD

Colonoscopy Instructions

Your procedure has been scheduled at **North Hills Surgery Center**. Their physical address is 3271 N. Wimberly Drive #1.

- Please make arrangements to be at the surgery center 1.5 hours prior to your procedure. You are required to have a driver for this test who agrees to stay with you at all times during and after your procedure.
- Follow the attached instructions regarding your bowel prep, but some additional instructions are listed below if they apply to you:
 - Please stop any blood thinners as discussed with your referring physician prior to this exam. These include Coumadin (Warfarin), Xarelto, Pradaxa, Eliquis, Plavix, Brilinta or Aggrenox. It is okay to continue Aspirin.
 - If you are taking oral iron, this should be stopped one week prior to your procedure.
 - If you are diabetic and take insulin, please only take HALF your dose the evening before your procedure. No insulin is to be taken the day of.
 - If you are on oral diabetes medication, do not take this the day of your procedure. Please bring them with you so you can take them after the procedure.
 - If you are taking any prescription weight loss medication, these must be stopped 14 days prior to your procedure **or your procedure will be cancelled.**
 - Please take any heart, blood pressure, seizure, or thyroid medications the morning of the test with a small sip of water.