

## **Ultrasound Exam Preparations**

How you prepare for your exam depends on which area of your body is being evaluated:

### **Abdomen**

- Nothing by mouth for 8 hours prior to your exam. Nothing by mouth after midnight for a morning examination. This includes NO gum or coffee. If you must take medication, please bring it with you or take your medications with the smallest amount of water possible.

### **Aorta**

- Nothing by mouth for 8 hours prior to your exam. Nothing by mouth after midnight for a morning examination. This includes NO gum or coffee. If you must take medication, please bring it with you or take your medications with the smallest amount of water possible.

### **Arterial**

- NO PREP

### **Bladder**

- Drink approximately 36 ounces of water (5 large glasses) 1 to 1 1/2 hours prior to your exam. Do not urinate before the exam to ensure that your bladder is full for the sonographer to evaluate.

### **Carotid Doppler**

- Please do not wear a necklace or turtleneck.

### **Gallbladder or Gallbladder with CCK**

- Nothing by mouth for 8 hours prior to your exam. Nothing by mouth after midnight for a morning examination. This includes NO gum or coffee. If you must take medication, please bring it with you or take your medications with the smallest amount of water possible.

### **OB**

- Drink approximately 36 ounces of water (5 large glasses) 1 to 1 1/2 hours prior to your exam. Do not urinate before the exam to ensure that your bladder is full for the sonographer to evaluate.

### **Pelvic**

- Drink approximately 36 ounces of water (5 large glasses) 1 to 1 1/2 hours prior to your exam. Do not urinate before the exam to ensure that your bladder is full for the sonographer to evaluate.

## **Renal**

- NO PREP

## **Renal Arterial Doppler**

- Nothing by mouth for 8 hours prior to your exam. Nothing by mouth after midnight for a morning examination. This includes NO gum or coffee. If you must take medication, please bring it with you or take your medications with the smallest amount of water possible.

## **RUQ**

- Nothing by mouth for 8 hours prior to your exam. Nothing by mouth after midnight for a morning examination. This includes NO gum or coffee. If you must take medication, please bring it with you or take your medications with the smallest amount of water possible.

## **Scrotal**

- NO PREP

## **Thyroid**

- Please do not wear a necklace or turtleneck.

## **Venous**

- Please wear loose-fitting pants or shorts.